

INFTA

International Nature and Forest Therapy Alliance



INFTA Accredited Training Provider

Forest Therapy Guide Training online: start anytime, anywhere!

Obtain your international qualification as an INFTA-Certified and Accredited Forest Therapy Guide and enrol right now online. Choose your language of instruction:

- [Forest Therapy Guide Training \(English\)](#)
- [Forest Therapy Guide Training \(German\)](#)



Start your **INFTA-Certified Forest Therapy Guide** training anytime, anywhere!

With low and affordable fees of **only AUD 5,000** (about **USD 3,400** or **EUR 3,480**), you can become qualified as INFTA-Certified Forest Therapy Guide in just six months.

Forest Therapy Guide Training in Australia and Germany

INFTA has just a couple of exclusive training slots vacant at the next in-person training cohorts:

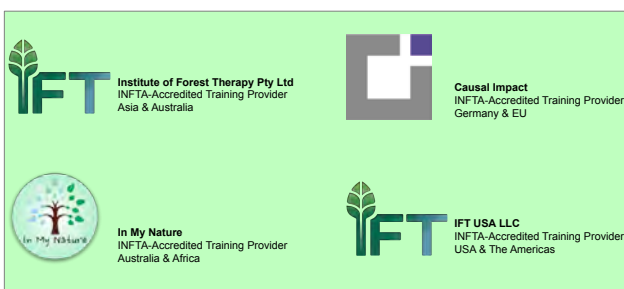
- [Australia/VIC, 13-17 September 2023](#)
- [Germany/EU, 9-13 October 2023](#)
- [Australia/VIC, 22-26 November 2023](#)



This “classic” training follows the global standard, the [International Core Curriculum of Forest Therapy \(ICCFI\)](#), and begins with a five-day workshop prior to the supervised and mentored six-months practicum which qualifies participants as [INFTA-Certified Forest Therapy Guides](#).

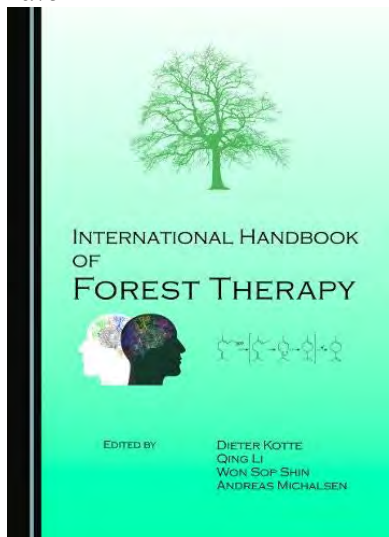
Please apply soon! (limited training slots only)

Teaming up – INFTA and its Accredited Training Providers



As an international not-for-profit organisation headquartered in the Greater Melbourne area in Australia, INFTA outsources all training aspects to INFTA-Accredited Training Providers. These companies and organisations are well established and base all Forest Therapy training activities on the [International Core Curriculum of Forest Therapy \(ICCFI\)](#). The ICCFI is the accepted international and national ‘gold standard’ of training in Forest Therapy. In a very comprehensive process which employed all tertiary due diligence and established procedures, the ICCFI has been designed by INFTA and was evaluated and validated by 120+ experts from 20 countries in 2017. Find more information about the ICCFI in the [International Handbook of Forest Therapy](#).

The International Handbook of Forest Therapy – the world’s baseline in Forest Therapy research – a must-have



Spanning 585-pages, the [International Handbook of Forest Therapy](#) sets the world’s scientific standard and baseline when it comes to research in Forest Therapy. The handbook is available as hardcover, paperback or even digitally online and in bookstores around the world.

David Belli – INFTA’s most experienced Forest Therapy Guide at the Royal Botanic Gardens Melbourne



In 2018, David started his training as [INFTA-Certified Forest Therapy Guide](#) in Melbourne and graduated successfully after the six-months practicum. Being a long-term IT professional, David aspired a career change. David quickly grew into the challenging but also rewarding role as mentor for literally dozens of other INFTA-Certified Forest Therapy Guides who, like him, wished to obtain this international qualification. Now, five years and a COVID-19 pandemic later, David is INFTA’s Lead Trainer and the most experienced Forest Therapy Guide on location at the Royal Botanic Gardens Melbourne having completed some 120 (!) guided Forest Therapy sessions successfully.

Thank you, David!

Javier Rocha – INFTA’s latest Certified Forest Therapy Guide



As an outdoor expedition guide, I have always been able to see the innate benefits that Nature can provide in people’s minds and bodies after some time spent in natural places. Due to this, I wanted to get a more-in-depth knowledge that could help me explain, not only to the people I guided, but also to myself, why spending time in Nature feels like therapy and being close to trees is like medicine. I am so grateful I found INFTA to help me with this. Since the very beginning, when I got to meet Susan and other Guides, I realized I made the right decision of starting the course to become an **INFTA-Certified and Accredited Forest Therapy Guide**.

The way the course progresses, the information they provide, the confidence they give and all the things they consider demonstrated that, by joining INFTA and becoming a Forest Therapy Guide with them, many more opportunities were going to start showing up. They make sure you are committed to professionalism, develop credibility through backed up knowledge and acquire all the legal requirements in order to be a complete and capable guide.

Throughout the whole course I was supported by my mentor, who was always available and happy to help and answer my questions.

Now that I have become a Forest Therapy Guide with INFTA, I see so many more opportunities to develop myself professionally in a field that is growing more and more, with more people involved and interested in Forest Therapy and Nature itself. I am very grateful to INFTA and the team of guides and mentors for all the support and knowledge shared. – [Javier Ignacio Rocha Pica](#) • Australia/Chile

Forest Therapy Guide training in the EU/Germany

Another Forest Therapy Guide training workshop in the EU is scheduled at the German mountain resort [Wernigerode, 9-13 October 2023](#). As a special add-on to this training, interested participants can even demonstrate their newly acquired skills in a 3-hrs Public Forest Therapy session. Actively supported by the local council, trainees will also learn about the many health benefits this Public Health practice has – preventatively and therapeutically. [Click here and submit your application as there are only a few exclusive training slots left!](#)



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