

INFTA

International Nature and Forest Therapy Alliance



INFTA Accredited Training Provider

Forest Therapy Guide Training online – start anytime, anywhere, 24/7!



COURSE COMPLETION RATE



Start your **INFTA-Certified Forest Therapy Guide** training anytime, anywhere! [Join our new and affordable INFTA Forest Therapy Guide Training online](#). Priced at **only AUD 5,000** (about **USD 3,400**), you can become professionally qualified as INFTA-Certified Forest Therapy Guide in just six months. Better still: the online training is completely mentored and supervised due to the unique and innovative **INFTA Learning Management System** – the **international training standard** in Forest Therapy which organisations, government departments and corporates rely on.

Last call: Forest Therapy Guide Training in Australia

INFTA has just a couple of exclusive training slots vacant at the next in-person training cohort:

- [Australia/VIC • 22-26 March 2023](#)
- [for additional training dates click here](#)

The “classic” training follows the global standard, the [International Core Curriculum of Forest Therapy \(ICCF\)](#), and begins with a five-day workshop prior to the supervised and mentored six-months practicum which qualifies participants to become [INFTA-Certified Forest Therapy Guides](#). Please apply soon, as only a few exclusive training slots left.



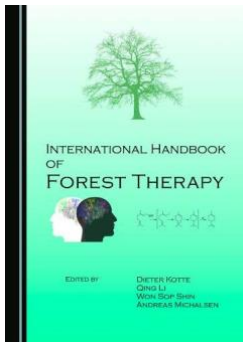
INFTA Forest Therapy Guide Training in the USA and Canada



INFTA’s Marketing Team identified a threefold rise in inquiries from North America in 2022 compared to previous years. This demonstrates the rising demand for professionally-trained [INFTA-Certified Forest Therapy Guides](#). While some US-based groups and individuals offer “training” and “immersion” in “forest bathing” (which, btw, is not scientifically sound and or a recognized term!), there is a significant lack of professional training in Forest Therapy in the USA and Canada. Consequently and following the recommendation of INFTA’s Advisory Board Members, **the first INFTA-Certified Forest Therapy Guide training in the USA is scheduled in Wisconsin, 7-11 June 2023.**

[Contact us to reserve your exclusive training slot.](#)

The International Handbook of Forest Therapy – the world’s baseline in Forest Therapy research – a must-have



Spanning 585-pages, the [International Handbook of Forest Therapy](#) sets the world’s scientific standard and baseline when it comes to research in Forest Therapy. The handbook is available as hardcover, paperback or even digitally online and in bookstores around the world.

Congress in Lithuania



An international congress on the "Application of the principles of nature therapy to the creation of green spaces" takes place at Kaunas/Lithuania, 20 April 2023. It is organized by our INFTA-Accredited and Certified Forest Therapy Guide, Linas Daubaras, who is also the President of the Lithuanian Forest Therapy Association.

Interested participants find [more information and can register here](#).

New INFTA Advisory Board Member – Prof. Dr. Phillip Roös, Deakin University



Phillip Roös currently holds the position of Associate Professor in Architecture at the [School of Architecture and Built Environment](#) and is the Director of the [Deakin Biophilia Research Lab, Deakin University](#). His work spans a transdisciplinary discourse in the convergence of design, science, art, philosophy and environmental research. Deeply embedded in ecological consciousness, he investigates our innate affiliation to Nature – biophilia – through analyzing the phenomena of living structures. His practice is at the intersections of rigorous academic scholarship and applied real-world projects.

Phillip investigates questions of human consciousness as well as global social and environmental issues. He is known internationally as a leader in environmental design and planning, and more recently for his work in biophilic design. In professional practice he has been working as an architect, planner, design professional and technical advisor for over 35 years on an extensive range of large-scale projects in Europe, Africa and Australasia. Phillip’s wide-ranging expertise supplements the competencies and skills of the [INFTA Advisory Board](#) markedly. Thank you and welcome, Phillip!

Forest Therapy in the EU/Germany

The next Forest Therapy Guide training in Europe starts in the German mountain resort of [Wernigerode, 8-12 May, 2023](#).

[Please apply now](#) as there are only a few training slots left. These will be awarded on the usual first-come, first-serve basis.

As special guests we have invited Mr. Michael Selmikat, one of the most experienced foresters in the Harz mountains and responsible for the state forests in and around Wernigerode. Michael will share his insights into environmental issues.



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