

INFTA

International Nature and Forest Therapy Alliance



INFTA Accredited Training Provider

“Classic” Forest Therapy Guide Training 2023

INFTA is accepting applications for the next in-person training in:

- [Australia/VIC • 22-26 March 2023](#)
- [for additional training dates click here](#)



This “classic” begins with a five-day workshop followed by the supervised and mentored six-months practicum which qualifies participants to become [INFTA-Certified Forest Therapy Guides](#).

Please apply early as there are just a few exclusive training slots left.

New, affordable and successful – INFTA Forest Therapy Guide Training online



Start your **INFTA-Certified Forest Therapy Guide** training anytime, anywhere! Join our new and affordable **INFTA Forest Therapy Guide Training** online. Priced at **only AUD 5,000** (about **USD 3,400**), you can become professionally qualified as INFTA-Certified Forest Therapy Guide in just six months. Better still: the online training is completely mentored and supervised due to the unique and innovative **INFTA Learning Management System** – the **international training standard** in Forest Therapy which organisations, government departments and corporates rely on.

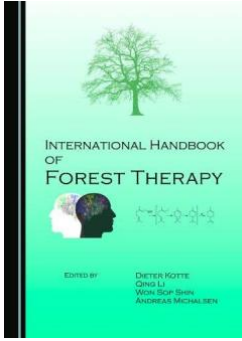
INFTA-Certified Forest Therapy Guide Training in demand in the USA and Canada



Did you know about the increasing demand for [INFTA-Certified Forest Therapy Guides](#) in the USA and Canada?

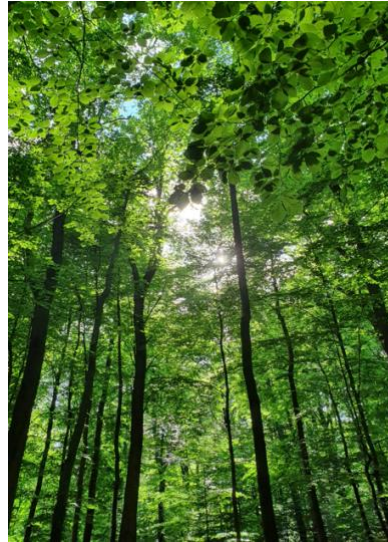
INFTA’s Marketing Team reported a threefold rise in inquiries from North America in 2022 compared to previous years. Apparently, there is a high demand for professionally-trained INFTA-Certified Forest Therapy Guides. While some organisations and individuals offer some form of “training” and “immersion” in Forest Therapy, there appears to be a lack of professional training in the USA and Canada. Following the recommendation of INFTA’s Advisory Board Members, **the first INFTA-Certified Forest Therapy Guide training in the USA is scheduled in Wisconsin, 7-11 June 2023.** [Contact us to reserve your exclusive training slot.](#)

The International Handbook of Forest Therapy – the world’s baseline in Forest Therapy research



Spanning 585-pages, the [International Handbook of Forest Therapy](#) sets the world’s scientific standard and baseline when it comes to research in Forest Therapy. The handbook is available as hardcover, paperback or even digitally online and in bookstores around the world.

More Forest Therapy Guides in Australia



In November 2022, another **INFTA Forest Therapy Guide Training** was successfully completed at Pallotti College, Victoria, Australia. All Forest Therapy Guide trainees enjoyed this venue a great deal and INFTA has just announce more training workshops and Forest Therapy events in Australia in 2023.

[Click here for more training options to become an INFTA-Certified Forest Therapy Guide in Australia.](#)

These efforts coincide with the increased involvement of INFTA-Certified Forest Therapy Guides in research projects nationally and internationally.

INFTA’s Secretary - Honorary Associate Professor, Deakin University, Australia



Dr. Dieter Kotte, INFTA’s Secretary & International Strategic Advisor, has been appointed Honorary Associate Professor by the Faculty of Health, Deakin University, Australia.

This appointment is primarily regarded as a recognition of INFTA’s efforts nationally and internationally to endorse evidence-based Forest Therapy as an effective, affordable Public health practice. Dr. Kotte will use this appointment to strengthen further academic collaborations and research projects. His aim is to set up a new Strategic Research and Innovation Center with a focus on investigating and endorsing the effectiveness of Forest Therapy for Public health systems around the world in order to contain the increasing expenses for and detrimental health effects of lifestyle diseases.

Deakin University – named after [Alfred Deakin](#), the second [Prime Minister of Australia](#) – ranks as the **No. 1 university in Australia** with the highest enrolment of national students across all faculties. At present, nearly 65,000 students study at Deakin University which comprises several campuses and affiliated offices in Australia and Asia.

Forest Therapy = Klinische Waldtherapie

There is an increasing demand for professionally-trained INFTA-Certified Forest Therapy Guides in Germany and the EU following the first major research project in Forest Therapy conducted by [INFTA Germany](#) in collaboration with Charité Medical University Berlin. As a result, the next Forest Therapy Guide training starts in the mountain resort of [Wernigerode, 8-12 May, 2023](#). Forest Therapy is referred to as **Klinische Waldtherapie in Germany** which underscores its medical effectiveness. [Please apply now](#) as there are only a few training slots left.



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