



INFTA

International Nature and Forest Therapy Alliance



INFTA Accredited Training Provider

International Forest Therapy Guide Training 2022

INFTA is currently accepting applications for the in-person training in:

- [Australia/VIC • 9-13 November 2022](#)
- [for additional training dates click here](#)



The five-day workshop forms the start of the supervised and mentored six-months practicum which qualifies participants to become [INFTA-Certified Forest Therapy Guides](#). There are just a few exclusive training slots left. Apply now, and you will receive a copy of the [International Handbook of Forest Therapy](#) – FREE!



In September 2022, another **INFTA Forest Therapy Guide Training** was successfully completed at the [Forest Discovery Centre](#), Dwellingup/Western Australia. All Forest Therapy Guide trainees enjoyed this venue a great deal and INFTA is planning for more training workshops and Forest Therapy events in Western Australia in 2023.

Participants from around Perth joined our trainees during a free Public Forest Therapy session and were stunned by the health effects – and the beautiful and unique wildflowers blooming at this time of the year.

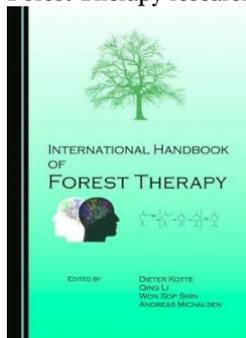
Forest Therapy showcased at the 7th Global Botanic Gardens Congress

The [7th Global Botanic Gardens Congress](#) was conducted successfully in Melbourne, 25-29 September 2022, organized by the Royal Botanic Gardens Victoria. INFTA's President, Susan V. Joachim, supported by [David Belli](#), the lead [INFTA-Certified Forest Therapy Guide](#) in Victoria, conducted a sample Forest Therapy session for participants of the congress.

Dr. Dieter Kotte, INFTA's Secretary, gave a guest lecture on how to implement Forest Therapy as a Public Health practice at botanic gardens around the world.



The International Handbook of Forest Therapy – the world’s baseline in Forest Therapy research – FREE!



Spanning 585-pages, the [International Handbook of Forest Therapy](#) sets the world’s scientific standard and baseline when it comes to research in Forest Therapy. Available as hardcover, paperback or even digitally, [all applicants for the November 2022 training at Pallotti College, Australia, receive a FREE, complimentary copy.](#)

Forest Therapy established successfully in Lithuania



Linas Daubaras, President of the Forest Therapy Association, Lithuania

One of the recent graduates completing the six-months training to become an INFITA-Certified and Accredited Forest Therapy Guide was Mr. Linas Daubaras from Kaunas, Lithuania.

Looking back to a successful career as tour operator and lecturer, Linas decided – right in the middle of the COVID-19 pandemic – to join one of the online training cohorts offered by INFITA in 2021. INFITA successfully developed and implemented the online training option as a reaction to the (then) widespread travel restrictions around the globe. The idea was to offer interested participants the option of becoming qualified as INFITA-Certified and Accredited Forest Therapy Guide – despite the raging pandemic, foreseeing an even higher demand for these specialist nature guides. To acquire further practical skills, Linas flew to Hamburg in June 2022 and joined the training workshop hosted by [INFITA Germany](#).

Receiving widespread interest and support, Linas even plans for a conference in 2023, focusing on establishing Forest Therapy as a Public Health practice across the Baltic states in Europe.

Dr. Owen Wiseman joins INFITA Advisory Board



Owen Wiseman, ND, is the founder of [HealthWISE Consulting](#), a multi-interest organization focused on supporting the health of Canadians through direct patient care and helping business clients invest in the wellness of employees with programs that work.

With a knack for making meaningful connections, Owen has had a long history of guiding and helping others transform their health. He currently serves as a Medical Advisor to an international photo-pharmaceutical company focused on harnessing the clinical impacts of herbal medicine in a safe and effective manner. With a passion for promoting equitable access to Nature and Forest Therapy across North America, he also serves on a variety of advisory committees, including:

- [Root in Nature](#), Strategic Advisory Board
- [NatureQuant](#), Scientific Advisory Board

INFITA is very fortunate to count on Owen’s talents as an experienced communicator and strategist who thrives on developing people and businesses for a better and more sustainable Public health.

Klinik Wartenberg takes the lead – again

One of the most reputed and established clinics in the area of geriatric rehabilitation in Germany and the EU, [Klinik Wartenberg](#), situated at the outskirts of Munich, Bavaria, has decided on implementing Forest Therapy as part of its range of medical and therapeutic rehabilitation services. Read more on this collaboration with INFITA Germany in our newsletters next year.



© 2022 International Nature and Forest Therapy Alliance (INFITA)

infita.net

