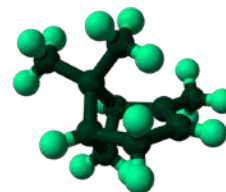


Fact Sheet



INFTA -
International Nature and Forest Therapy Alliance
AUSTRALIA / GERMANY

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INFTA-Certified Forest Therapy Guide Training [HLTFTG54421]

Training Course	INFTA-Certified Forest Therapy Guide Training
Course ID	HLTFTG54421
INFTA-Accredited Training Provider	Institute of Forest Therapy Pty Ltd ABN 68 159 875 975
Duration of course	6 months (minimum), 12 months (maximum)
Course resumes	17 September 2021
Course finishes	25 March 2022 <small>(final exam scheduled for mid-March 2022)</small>
Number of lessons	314 <ul style="list-style-type: none">■ introductory online workshop [18 hrs]■ mentored and supervised practicum [248]■ practical training workshop [40]■ theoretical and practical exam [8]
Duration of lesson	45 min
Course objective	to become an INFTA-Certified and Accredited Forest Therapy Guide
Formal prerequisites	Cert IV, Diploma or higher vocational training certificate or academic tertiary degree; admission by INFTA's Executive Committee
Certification/Insurance prerequisites	First Aid Certificate Safe Food Handling Practices Public Liability & Professional Indemnity <small>(certificates to be obtained prior to first Forest Therapy walk)</small>
Age limit	25 years or older
Location (optional for practical training workshop)	<ul style="list-style-type: none">■ Uniting Venues Elanora, Elanora Heights NSW 2101, Australia■ Pallotti College, Warburton 3799 VIC, Australia■ Forsthaus Friedrichsruh, 21521 Friedrichsruh. Germany

On-site practical exercises	applicants can choose their own suitable locations for their practical Forest Therapy exercises and public walks (requirements for suitability of trails apply)
Course suited for	<ul style="list-style-type: none"> ■ medical practitioners/nurses ■ health and mental health professionals ■ psychologists/psychotherapists/counsellors ■ naturopaths/aromatherapists ■ occupational and other therapists ■ social workers ■ HR professionals ■ hotel/resort and spa/wellness personnel
Costs (all inclusive)	AUD 5,500.-
Payment	three instalments: <ul style="list-style-type: none"> ■ down-payment of AUD 2,500 after acceptance of your application by INFTA ■ final payment of AUD 3,000 to be made prior to the practical training workshop
Cancellation	possible, cancellation fee AUD 500.- (any cancellation must be submitted to INFTA in written)
Practical Workshop (optional)	five days, single or shared accommodation, participation fee AUD 500.-
Deliverables	<ul style="list-style-type: none"> ■ all lessons of instruction (introductory online workshop 17-19 September 2021, mentored and supervised practicum, optional five-day practical training workshop, final theoretical and practical exams) ■ comprehensive Forest Therapy Guide training material ■ access to the innovative and intuitive <i>INFTA Learning Management System</i> ■ access to INFTA's online database (containing over 200 research articles, brochures and books about Forest Therapy, biology, physiology, biochemistry, medicine, Public health and related fields) ■ <i>INFTA Forest Therapy Certificate of Participation</i> (upon successful completion of the course) ■ FREE accreditation with INFTA for a period of six months (after successful completion of the Forest Therapy Guide Training)

To become an **INFTA-Certified Forest Therapy Guide**, please [apply online here](#).



INFTA-ICCFT-HLTFTG54421

