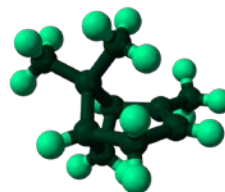


# Fact Sheet

## INFTA-Certified Forest Therapy Guide Training [HLTFTG53321]



INFTA -  
International Nature and Forest Therapy Alliance  
11 Ellesby Court  
GROVEDALE 3216 VIC  
AUSTRALIA

email  
WWW

[info@infta.net](mailto:info@infta.net)  
[www.infta.net](http://www.infta.net)

Training Course	<b>INFTA-Certified Forest Therapy Guide Training</b>
Course ID	HLTFTG53321
INFTA-Accredited Training Provider	Institute of Forest Therapy Pty Ltd ABN 68 159 875 975
Duration of course	6 months (minimum), 12 months (maximum)
Course resumes	6 November 2021
Course finishes	31 May 2022 (final exams scheduled for mid-May 2022)
Number of lessons	298 <ul style="list-style-type: none"><li>■ comprehensive workshop [40]</li><li>■ online supervised self-study and practical exercises [248]</li><li>■ theoretical and practical exam [8]</li></ul>
Duration of lesson	45 min
Course objective	to become an INFTA-Certified and -Accredited Forest Therapy Guide
Formal prerequisites	Cert IV, Diploma or higher vocational training certificate or academic tertiary degree; admission by INFTA's Executive Committee
Certification/Insurance prerequisites	First Aid Certificate Safe Food Handling Practices Public Liability & Professional Indemnity (certificates to be obtained prior to first Forest Therapy walk)
Age limit	25 years or older
Location (comprehensive introductory workshop)	Pallotti College, 80 McNamaras Rd, Wesburn VIC 3799, Australia

On-site practical exercises	applicants can choose their own suitable locations for their practical Forest Therapy exercises and public walks (requirements for suitability of trails apply)
Course suited for	<ul style="list-style-type: none"> <li>■ medical practitioners/nurses</li> <li>■ health and mental health professionals</li> <li>■ psychologists/psychotherapists/counsellors</li> <li>■ naturopaths/aromatherapists</li> <li>■ occupational and other therapists</li> <li>■ social workers</li> <li>■ HR professionals</li> <li>■ hotel/resort and spa/wellness personnel</li> </ul>
Costs (all inclusive)	<b>AUD 6,000.-</b>
Payment	two instalments of AUD 3,000.- each: <ul style="list-style-type: none"> <li>■ down-payment of immediately after acceptance of registration by INFTA</li> <li>■ final payment to be made before 15 October 2021</li> </ul>
Cancellation	any time prior to 15 October 2021 (any cancellation must be submitted to INFTA in written)
Cancellation fee	AUD 500.-
Deliverables	<ul style="list-style-type: none"> <li>■ all lessons of instruction (compact introductory workshop 6-10 November 2021, mentored and supervised practicum, final theoretical and practical exams)</li> <li>■ comprehensive Forest Therapy Guide training material</li> <li>■ access to the innovative and intuitive <i>INFTA Learning Management System</i></li> <li>■ access to INFTA's online database (containing over 200 research articles, brochures and books about Forest Therapy, biology, physiology, biochemistry, medicine, Public health and related fields)</li> <li>■ <i>INFTA Forest Therapy Guide Training Certificate</i> (upon successful completion of the course)</li> <li>■ full-board, single-room accommodation during the five-day introductory workshop at Pallotti College</li> <li>■ FREE accreditation with INFTA for a period of six months (after successful completion of the Forest Therapy Guide Training)</li> </ul>

To become an **INFTA-Certified Forest Therapy Guide**, please [apply online here](#).

