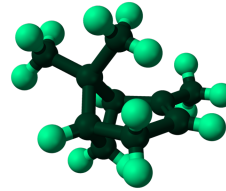


Fact Sheet

INFTA-Certified Forest Therapy Introduction [HLTFTG43319]



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Training Course	Forest Therapy Introduction
Course ID	HLTFTG43319
INFTA-Accredited Training Provider	In My Nature / Causal Impact Pty Ltd ABN 68 159 875 975
Duration of course	five days
Course resumes	6 March 2019
Course finishes	10 March 2019
Number of lessons	40 <ul style="list-style-type: none">■ comprehensive workshop consisting of theoretical and practical exercises■ brief exam
Duration of lesson	45 min
Course objective	to obtain a first comprehensive overview of and insight into Forest Therapy
Formal prerequisites	Cert IV, Diploma or higher vocational training certificate; alternatively, tertiary degree from a registered university or training college
Health prerequisite	nil
Age limit	25 years or older

Location (comprehensive introductory workshop)	Pallotti College , Wesburn, Australia
On-site practical exercises	participants carry out practical Forest Therapy exercises and tasks under supervision
Course suited for	<ul style="list-style-type: none"> ■ medical practitioners/nurses ■ health professionals ■ psychologists/psychotherapists ■ counsellors ■ naturopaths/aromatherapists ■ occupational and other therapists ■ social workers ■ HR professionals ■ specialized hotel/resort, spa and wellness personnel ■ people interested in learning about Forest Therapy as a Public health practice
Costs (all inclusive)	AUD 2,500.-
Payment	two instalments of AUD 1,250.- each: <ul style="list-style-type: none"> ■ down-payment immediately after acceptance of registration by INFTA ■ final payment to be made before 15 February 2019
Cancellation	any time prior to 15 February 2019; any cancellation must be submitted to INFTA in written
Cancellation fee	AUD 500.-
Deliverables	<ul style="list-style-type: none"> ■ all lessons of instruction ■ access to INFTA's online database (containing over 300 research articles, brochures and books about Forest Therapy, biology, physiology, biochemistry, medicine, Public health and related fields) ■ brief exam at the end of the workshop ■ INFTA Forest Therapy Introduction Certificate (upon successful completion of the course) ■ full-board, single-room accommodation during the workshop at Pallotti College

To register for the INFTA Forest Therapy Introduction, please [apply online here](#).



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